

WORKSHOP AND TRAINING FOR SCHOOL CATERERS AND FOOD VENDORS 29TH

MAY, 2024

OFFICERS PRESENT

1. NANCY KWAAH	APHE
2. ISAAC OPOKU-BOATENG	PHE
3. CHRISTIANA BOAFO	CEHA
4. CECILIA OBENG	SEHA
5. SIMON DZAKAH	SEHA
6. LUCIEN FOLI	EHA
7. KEDZI PRISCILLA	SEHA
8. AGBENYO FLORENCE	EHA
9. SYLVANUS ANAGLO	EHA

On the 29th May 2024, an education and training programme was organized for School Feeding Programme Caterers and Workers and Food Vendors in the presence of affected School Head teachers and District Director of Education at the premises of Shama District Assembly to sensitize them on, hygiene practices, environmental sanitation, medical screening and nutrition-based food preparation for school pupils. Sixty-five (65) cooks were in-attendant which 46 were School Feeding Workers and 19 were food Vendors. All the attendees were medically screened and certified.

The District Director of Education welcomed school head teachers, caterers and vendors to the training. He thanked the Environmental Health Unit for organizing the training and used the platform to encourage the cooks to continue cooking for the pupils. He emphasized on the need to cook a healthy food for the children.

On his turn, the Environmental Health Officer in-charge stated that, a healthy diet is essential for the overall health of every individual. Healthy diet includes all nutrients in their right levels in meals. He sensitized the participants on the need to have energy giving foods, vitamins, proteins and fatty acids in diets. They were made aware that foods in each of the classes are important for child growth and in the preparation of a healthy diet give attention to their proportions especially considering grains, nuts, fruits and meats.

They were advised to ensure that all meals prepared meet the right standards for promoting child health. Emphasized that, people with diets lacking these classes of food are at high risk of being malnourished and participants were informed on the dangers of deficiency of nutritious food.

The Caterers were educated to keep their environment, kitchen, utensils and the entire eatery clean and neat and drains flushed. They should practice proper personal hygiene since they are providing meals for our future leaders.

The participants were also educated on the effects of cooking food at open spaces without proper kitchen which may affect the quality of the food. They were advised to cook in kitchens required by the Shama District Assembly (Control of Restaurants and Eating Place) Bye-law 2022 as highlights on important sections were made known to them.

The Officer health educated them on proper hygienic and safety practices in the kitchen and how to keep their surroundings clean from dirt, pests and rodents to avoid contamination of food. Also, use clean and safe water for cooking.

They were encouraged to undergo medical screening before preparing and serving food for the children and the public as required by law, to prevent transmission of diseases to the public and the school children.

Concerned Raised by the Cooks

- The District Assembly should renovate their kitchens and provide for those cooks not having.
- The government owes them and they are facing financial difficulties.
- The District Assembly should absorb their medical screening fees.
- The Government should properly pay them to enable them to cook proper and adequate food for the children.



Participants ready for the training



Orientation on-going



Above is the Education Director talking to the participants



A participant posing question to the Officers



Medical screening after the meeting

MEMO

TO: DISTRICT CO-ORD. DIRECTOR

FROM: DISTRICT ENV'TAL HEALTH OFFICER

DATE: 4th JUNE 2024

**SUBJECT: NUTRITION ORIENTATION AND TRAINING PROGRAMME FOR
SCHOOL FEEDING CATERERS AND FOOD VENDORS**

This is to submit to you report on nutrition orientation and training programme organized for School Feeding Caterers and Food Vendors in the District by Environmental Health Unit for your perusal and necessary action please.

Thank you.

EMMANUEL KUDOR

